



TODD MABRY DDS PC

The beauty of a smile.

Dr. Mabry completed his undergraduate studies at the University of Arizona before graduating from the Marquette School of Dentistry and completed his residency in cosmetic and reconstructive dentistry in Southern California.

In addition to his Scottsdale practice, Dr. Todd Mabry is a volunteer dentist at the John C. Lincoln Dental Clinic and is involved in Give Kids a Smile® providing dental care to underprivileged children.

Dr. Mabry would like to thank you for your continued support over the past five years. Your referrals of your friends and family are such a nice compliment and are greatly appreciated!

Stopping the grind.

Does your jaw feel stiff?

Do you have difficulty opening your mouth wide?

Are your teeth sensitive to cold drinks?

Do your jaw muscles feel tired in the morning?

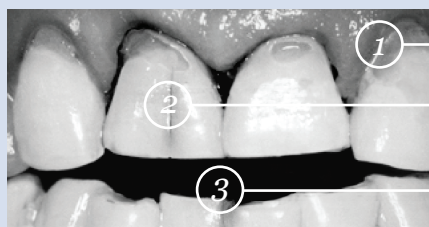
Do you wake up with headaches?

If you have answered yes to any of these questions, then you may be grinding your teeth at night (a medical condition called bruxism) or you may be clenching your teeth, which is just as harmful.

Nighttime grinding habits contribute to excessive wear on your tooth enamel. Eventually, your teeth may be worn down which creates jaw alignment problems or even cracked teeth.

At our office, you can have a custom made nightguard that is both comfortable to sleep with and easy to insert and remove. A custom designed nightguard to relieve pain and prevent damage is an easy and cost effective solution to bruxing or clenching.

Identifying the signs of bruxing and clenching:



Teeth have cervical abfraction lesions thought to have been caused by bruxism.

This vertical fracture may have been caused by clenching.

Advanced wear of the incisal edges on the upper and lower teeth is due to bruxism.

“Do I really need to get X-rays?”

Sound familiar? Even though it may seem that you just had your X-rays, it is important to get proper X-rays once a year. The reason is this is the opportunity for Dr. Mabry to see what is going on under your fillings. Once you have had a cavity filled, the only way to know if there is further decay under the filling is during an X-ray or if you are experiencing pain. Unfortunately, it is true that fillings do not last forever. Over time, they can crack or a small gap can form between the filling and your tooth. If that happens, the filling can leak and bacteria can get in which results in decay under your filling. If decay is seen at the time of the X-ray, then the filling can be redone. Unfortunately, if you are experiencing pain, there may be extensive damage and more than just a filling could be necessary. Basically, it is best to be proactive rather than to wait until you are experiencing pain. Most insurance plans cover your annual X-ray for this very reason.

Custom made nightguards relieve pain and prevent damage:

Hard outer layer is durable. Soft inner layer rests comfortably on teeth and gums.



Invisalign® Day

\$500 off Invisalign Treatment

Thursday, October 15th

7:00 am - 3:00 pm



Todd Mabry, DDS will be providing consultations to answer your questions about Invisalign treatment, the clear way to straighten teeth. If you have always wanted straighter teeth and wondered if Invisalign is right for you, then call our office today to schedule an appointment for this special event.



- > Free Invisalign Consultation (a \$95 value)
- > Free Invisalign Records including:
X-rays, photos, impressions, etc. (a \$300 value)
- > Free Teeth Whitening with each accepted case!
(a \$199 value)
- > Special Financing Available!
- > Space limited to the first eight patients
to confirm appointments.



TODD MABRY DDS PC

Dr. Todd Mabry, DDS, PC
Family, Comsetic and Reconstructive Dentistry

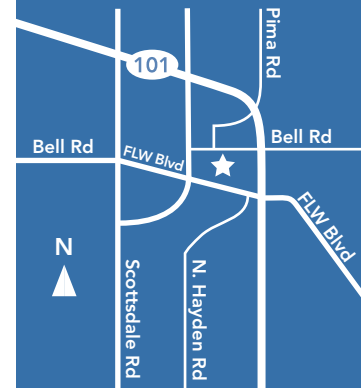
8595 E. Bell Road, Suite D-100
Scottsdale, Arizona 85260

Call us today

at 480.538.5210
or visit us online at
ToddMabryDDS.com

Most dental insurance
accepted. Early morning
appointments available.

Dr. Todd Mabry, DDS
8595 East Bell Road
Suite D-100
Scottsdale, AZ 85260



PRSRT STD
U.S. POSTAGE
PAID
PHOENIX, AZ
PERMIT NO.1273